



2017 Prince and Princess Ballet Camp Schedule

Ages 5-8 (Pre-ballet, beginner Ballet 1)

July 24-28, 9:00 am-1:00 pm

Instructors: Tami Franklin, Teresa Simpson, Ashley Paige Romines

Assistant: Alexa Olson

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:35 Story time & Dance History AP/Alexa	9:00-9:35 Story time & Dance History AP/Alexa	9:00-9:35 Story time & Dance History AP/Alexa	9:00-9:35 Story time & Dance History AP/Alexa	9:00-9:35 Story time & Dance History AP/Alexa
9:35-10:05 Crafts AP/Alexa	9:35-10:05 Crafts AP/Alexa	9:35-10:05 Crafts AP/Alexa	9:35-10:05 Crafts AP/Alexa	9:35-10:05 Crafts AP/Alexa
10:05-10:15 Break	10:05-10:15 Break	10:05-10:15 Break	10:05-10:15 Break	10:05-10:15 Break
10:15-11:45 Ballet Class & Creative Work Teresa/Tami/Alexa	10:15-11:45 Ballet Class & Creative Work Teresa/Tami/Alexa	10:15-11:45 Ballet Class & Creative Work Teresa/Tami/Alexa	10:15-11:45 Ballet Class & Creative Work Teresa/Tami/Alexa	10:15-11:30 Ballet Class & Creative Work Teresa/Tami/Alexa
11:45-12:15 Lunch/Nutrition/ Playtime in the Park Tami/AP/Alexa	11:45-12:15 Lunch/Nutrition/ Playtime in the Park Tami/AP/Alexa	11:45-12:15 Lunch/Nutrition/ Playtime in the Park Tami/AP	11:45-12:15 Lunch/Nutrition/ Playtime in the Park Tami/AP/Alexa	11:30-12:05 Lunch/Nutrition/ Playtime in the Park Teresa/Tami
12:15-12:40 Anatomy & Physiology Tami/Alexa	12:15-12:40 Anatomy & Physiology Tami/Alexa	12:15-12:40 Anatomy & Physiology Tami/Alexa	12:15-12:40 Anatomy & Physiology Tami/Alexa	12:05-12:35 Music & Prepare for Performance Teresa/Tami/Alexa
12:40-1:00 Music Tami/Alexa	12:40-1:00 Music Tami/Alexa	12:40-1:00 Drama Tami/Alexa	12:40-1:00 Drama Tami/Alexa	12:35-1:00 Performance for Family & Friends

Schedule subject to change, as needed.

Friday, July 28, 12:35-1:00 pm

"Mini" Performance

Family and friends are invited to see a "magical" performance demonstrating what we learned all week!

Wondering what to bring each day...

Check list for summer camp:

- Princesses**—Pale pink or Black solid color leotard (ONLY plain, scoop back leotards in camisole, tank, short-sleeve or long-sleeve. NO crisscross straps, mesh, lace, halters, decorations or attachments), Pink footed tights, Pink leather ballet slippers
- Princes**—black tights, pants, or shorts; black ballet shoes with white socks; solid white t-shirt
- Hair secured off face
- Extra set of dance clothes—just in case!
- Change of clothes to put on over leotard and tights for outside playtime (students will not be permitted to go into the park with only dance clothes)
- Good outdoor shoes for playtime (slip-on shoes preferable)
- Old towel or blanket to sit on outside
- Well-balanced lunch (please consider including fruits, vegetables, whole grains, and good proteins)
- Water

Before camp begins each day, please remember to have your child eat a healthy breakfast, put on sunscreen, and use the restroom. Thank you! ☺

If you have any further questions about the camp, please contact the Springfield Ballet business office at (417) 862-1343 or apromines@springfieldballet.org