



## 2017 Summer Intensive Schedule

**Approximate Ages 11 & up (By Placement, Ballet 4/5, Ballet 5, Ballet 6 & Ballet 7)**

*Instructors: Berea Flatness, Starr Needre, Ashley Paige Romines, Teresa Simpson*

*GUEST INSTRUCTOR: **Chris Lingner**, Cincinnati Ballet, Indiana University, Broadway performer*

**July 30**, 4:00 pm-7:00 pm; **July 31-August 3**, 9:00 am-5:00 pm; **August 4**, 10:00 am-8:00 pm, **Performance at 7:00pm**

**BONUS TIMES: Tuesday, August 1, 5:15-6:30pm—Partnering Class with Chris (by invitation only);**

**Wednesday, August 2, 5:15-6:15pm—Men’s Master Class with Chris; Thursday, August 3, 5:05-6:05 pm—Audition Q&A with Chris**

*Schedule subject to change*

July 30	July 31		August 1		August 2		August 3		August 4	
Sunday ALL	Monday Yellow	Monday Green	Tuesday Yellow	Tuesday Green	Wednesday Yellow	Wednesday Green	Thursday Yellow	Thursday Green	Thursday Yellow	Thursday Green
4:00-5:00 Stretch & Strengthen/ Injury Prevention <i>Ashley Paige</i>	9:00-10:30 Modern Technique & Repertoire <i>Teresa</i>	9:00-10:30 Jazz Technique & Repertoire <i>Starr</i>	9:00-10:30 Modern Technique & Repertoire <i>Teresa</i>	9:00-10:30 Jazz Technique & Repertoire <i>Starr</i>	9:00-10:30 Modern Technique & Repertoire <i>Teresa</i>	9:00-10:30 Jazz Technique & Repertoire <i>Starr</i>	9:00-10:15 Modern Technique & Repertoire <i>Teresa</i>	9:00-10:15 Jazz Technique & Repertoire <i>Starr</i>	10:00-11:15 Modern Technique & Repertoire <i>Teresa</i>	10:00-11:15 Jazz Technique & Repertoire <i>Starr</i>
5:00-7:00 Ballet Technique with Pointe <i>Ashley Paige</i>	10:30-12:00 Jazz Technique & Repertoire <i>Starr</i>	10:30-12:00 Modern Technique & Repertoire <i>Teresa</i>	10:30-12:00 Jazz Technique & Repertoire <i>Starr</i>	10:30-12:00 Modern Technique & Repertoire <i>Teresa</i>	10:30-12:00 Jazz Technique & Repertoire <i>Starr</i>	10:30-12:00 Modern Technique & Repertoire <i>Teresa</i>	10:15-11:30 Jazz Technique & Repertoire <i>Starr</i>	10:15-11:30 Modern Technique & Repertoire <i>Teresa</i>	11:15-12:30 Jazz Technique & Repertoire <i>Starr</i>	11:15-12:30 Modern Technique & Repertoire <i>Teresa</i>
	12:00-12:35 Lunch/Nutrition in the Park		12:00-12:35 Lunch/Nutrition in the Park		12:00-12:35 Lunch/Nutrition in the Park		11:30-12:25 Drama <i>Berea</i>		12:30-1:00 Lunch/Nutrition in the Park	
	12:35-1:35 Drama <i>Berea</i>		12:35-1:35 Drama <i>Berea</i>		12:35-1:35 Drama <i>Berea</i>		12:25-1:00 Lunch/Nutrition in the Park		1:00-1:45 Drama <i>Berea</i>	
	1:40-3:40 Ballet Technique with Pointe <i>Chris</i>	1:40-3:40 Ballet Technique with Pointe <i>Ashley Paige</i>	1:40-3:10 Ballet Technique <i>Ashley Paige</i>	1:40-3:10 Ballet Technique <i>Chris</i>	1:40-3:40 Ballet Technique with Pointe <i>Chris</i>	1:40-3:40 Ballet Technique with Pointe <i>Ashley Paige</i>	1:00-2:30 Ballet Technique <i>Ashley Paige</i>	1:00-2:30 Ballet Technique <i>Chris</i>	1:45-3:30 Ballet Technique <i>Chris</i>	1:45-3:30 Ballet Technique <i>Ashley Paige</i>
	3:45-5:00 Ballet Repertoire <i>Chris &amp; AP</i>		3:10-3:50 Ballet Add-on Class <i>Chris</i>		3:45-5:00 Ballet Repertoire <i>Chris &amp; AP</i>		2:30-4:00 Ballet Repertoire <i>Chris &amp; AP</i>		3:30-5:00 Ballet Repertoire <i>Chris &amp; AP</i>	
			3:55-5:00 Ballet Repertoire <i>Chris &amp; AP</i>				4:00-5:00 Musical Theatre <i>Chris</i>		5:00-6:00 Dinner/Break	
			<b>5:15-6:30</b> <b>BONUS: Partnering</b> <i>(by invitation only)</i> <i>Chris</i>		<b>5:15-6:15</b> <b>BONUS: Men’s class</b> <i>Chris</i>		<b>5:05-6:05</b> <b>BONUS: Ballet Audition Q&amp;A</b> <i>Chris</i>		6:00-7:00 Prepare for Performance	
									<b>7:00-7:45</b> <b>Performance</b>	



Wondering what to bring each day...

Check list for summer camp:

- Be sure to eat a nourishing breakfast (including protein) prior to arriving
- Black leotard (no decorations)
- YELLOW: Solid color leotard (any color, no decorations) can be worn on Tuesday and Thursday
- GREEN: Solid blue leotard (no decorations) can be worn on Tuesday and Thursday
- Pink tights (convertible style)
- Pink leather ballet slippers
- Pointe shoes and all necessary foot accessories (if student already trains *en pointe*)
- Black Jazz shoes (slip-on style, no laces, not sneakers)
- Black footless tights or black leggings
- Hair secured off face in a bun or similar style
- Extra leotard and tights (just in case!)
- Change of clothes to put on over leotard and tights for lunch time in the park (students will not be permitted to go into the park with only dance clothes)
- Old towel or blanket to use outside
- Sunscreen
- Healthy Snack
- Well-balanced lunch (include fruits and vegetables, lean proteins, whole grains)
- Water!!!

On Friday, August 4, please bring the following in addition to the above list:

- Stage make-up, hair supplies, and all costume requirements (tights, shoes, leotards, etc.)—The costumes will consist of items that are already in our costume shop and items that the dancers already have. Please be sure that your participating dancer has the following ready:
  - Black, scoop-back leotard
  - Pink meshed seamed tights (Body Wrappers #A45 or #C45 in Ballet Pink)
  - Pink ballet slippers (leather, no holes, presentable pair)
  - Pointe shoes (if applicable, not all dancers will perform *en pointe*)
  - Black footless tights or black leggings
  - Black Jazz shoes (slip-on style, no laces, not sneakers)
  - Nude leotard (camisole style with either clear or nude straps)
- A healthy dinner or money to purchase a healthy dinner from Panera
- Due to the short time period in organizing the performance, missing one day of the intensive may cause dismissal from performing in the demonstration. If dismissal does occur, the student will be encouraged to help with the demonstration in some capacity.

## **Springfield Ballet Summer Intensive Demonstration/Performance**

**At The Creamery Arts Center, Ballet Studio A**

**Friday, August 4, 7:00 pm (First Friday Art Walk)**