

Fall 2018 Children's Workshop Series

Snow White

Sunday, October 14 | 3:00-5:00 pm

The Nutcracker

Sunday, December 2 | 3:00-5:00 pm

Ages 3-8, \$15 for one workshop, \$27 for both.

To register visit www.springfieldballet.org/workshops, call 417.862.1343 or stop by the front office.

FREE Boys Workshops

Free Boys Workshops, taught by Brian Norris, offer movement instruction and conditioning exercises to increase balance, coordination agility and overall strength. It is no secret among professional athletes that a strong connection exists between dance movement and athleticism. From increased flexibility to use of muscles that can't be worked in a weight room, see the results for yourself!

Sunday, October 14
2:00-3:00 pm | Ages 7-12

Sunday, November 18
2:00-3:00 pm | Ages 9-14

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