

# Stay in Shape Intensive with MISSOURI CONTEMPORARY BALLET



The Creamery Arts Center  
Springfield Ballet Studios  
June 4-6, 2010



Experience classes in ballet, modern, contemporary, jazz, musical theatre and Pilates as well as learn MCB repertoire, all taught by Missouri Contemporary Ballet's artistic director, Karen Mareck Grundy, and dancers, Genene McGrath and Fernando Rodriguez.

Open to ages 9 and up, divided into two skill levels.  
Previous dance experience required.

Upper Level (*approximate ages 12 and up*)

Friday, June 4, 4:30 pm-8:30 pm

Saturday, June 5, 10:00 am-5:00 pm

Sunday, June 6, 12:00 pm-5:00 pm

Tuition: \$100, plus \$15 registration fee if not a Springfield Ballet student during Spring 2010 Semester.  
Registration fee waived for college students. Valid Student ID required.

Lower Level (*approximate ages 9-12*)

Saturday, June 5, 10:00 am-1:00 pm

Sunday, June 6, 12:00 pm-3:00 pm

Tuition: \$50, plus \$15 registration fee if not a Springfield Ballet student during Spring 2010 Semester.

*Deadline to sign up: May 28, 2010*

For further information or to sign up, contact Ashley Paige Williams at Springfield Ballet:  
(417) 862-1343, [apwilliams@springfieldballet.org](mailto:apwilliams@springfieldballet.org), [www.springfieldballet.org](http://www.springfieldballet.org)

# MISSOURI CONTEMPORARY BALLET BIOS

## **Karen Mareck Grundy**

As the Artistic/Executive Director of Missouri Contemporary Ballet, Karen Grundy states, “My goal is to give dancers a positive yet disciplined space to discover their center core and expand their hearts and minds while allowing them to explore the diverse aspects of dance.”

Karen Mareck Grundy was born and raised in Las Vegas, NV, where her dance training began at the age of 3. At age 6 she trained with Maceo and, later, at age 8, began her training in modern dance with Ronnie Greenblatt who trained under Martha Graham. Her extensive ballet and jazz training was under the direction of Inez Mourning and Belinda DeBecker. Grundy’s love of contemporary ballet was discovered in working side by side with L. J. Ballard as a dancer and as an assistant choreographer. Karen has been a member and featured dancer in various dance companies including Opus Dance Ensemble, New Works Project and Ballard’s Cafe Dance Co. She performed in Las Vegas for 11 years as a featured and lead dancer, as well as working in television. Grundy has taught master classes throughout the country and as an assistant for choreographer Tiger Martina.

In 2000, Karen was brought to Columbia to teach at Columbia Performing Arts Centre, she taught there for 9 years. During this time she trained dancers who went on to The Juilliard School, The Lines School, Dance Kaliedescope, and Cedar Lake Ensemble, to name a few. Her dream was to always have her own company, and prior to starting Missouri Contemporary Ballet she was the Artistic Director for Cedar Lake II. Karen is thrilled to be able to create her vision while collaborating with Sean France, artists of all genres, and the many supporters of dance in Columbia, across the state of Missouri, and throughout the Country.

**Genene McGrath**, recently graduated cum laude with a BA in dance from Point Park University. Originally from Philadelphia, PA, she grew up training with Nadezhda Pavlenko and Maxim Ponomarenko. She has worked with various choreographers like Robert Battle, Melissa Barak, Whitney Moncrief, Ann Reinking, and Jason McDole. Also she is grateful to have had the opportunity to perform one of George Balanchine’s variations in *Raymonda Variations*, this past year. Genene has also participated in the Northwest Professional Dance Project in Portland, Oregon under the direction of Sarah Slipper where she worked with Thaddeus Davis, Mark Godden, Lauren Edson, and Maurice Causey.

**Fernando Rodriguez**, is originally from Port Huron, Michigan. He has graduated from Lakewood School of Therapeutic Massage and completed his third year at Grand Valley State University as a dance major. At Grand Valley Fernando has performed in faculty works by Jefferson Baum, Lisa Catrett-Belrose, Calin Radulescu and Shauna Steele and professional works by Robert Battle, Thang Dao, Pascal Rioult and worked with guest artists such as Micahel Phillips, George Smallwood, Thang Dao, Daniel Ulbrich and Chicko Imada. While at Grand Valley he performed with Grand Rapids Ballet Company in George Balachine's *The Prodigal Son*. During his summers Fernando has studied on scholarship at Blue Lake Fine Arts Camp, Deeply Rooted Dance Theatre as well as American Ballet Theatre, Paul Taylor and with the Thang Dao Dance Company, where he performed in works by Paul Taylor, Kevin Iega Jeff, Gary Abbott and Jessica Lang. Fernando would like to thank all of his teachers, family and friends for their endless knowledge, love and support. And a special thanks to Gerry Schultz for introducing him to the beautiful world of dance.